**Agenda for RHST Swim Team**

**2023 Parent Meeting**

**Thursday, April 20th at 7 pm**

**Leadership Team Intro**

* Parent Reps - Cherelle Bertch, Marjorie Hastings, & Suzanne Gresham
* Social Lead – Mindy Hales
* Concessions Leads – Ashley Ferluga and Lory Suzuki
* Website – Kim Steiner

**Coaches Intro** – bios are on the website

* Abbey Nardella
* Haley Jensen
* Zac Celebrado

**Open Volunteer Roles needing filled**

* Head Official
* Art Design/Yearbook
* 14&U Age-Group Liaison (waiting on answer for the 15&O age-group)
* Clean-Up Lead
* Sr. Swimmer Sleepover

**What’s New for 2023?**

* Age-Group Liaisons – contact info will be emailed to all groups
  + 8&U – Sara Viray
  + 10&U - Angela Tucker
  + 12&U - Dianna Devlin
  + 14&U
  + 15&O – Courtney Johnson
* Website Communication – no more emails to families re: swim meets - all information will be communicated through the website.
  + There will be exceptions to this – time-sensitive information, non-meet related information (SafeSport, coach communication, etc.)

**Calendar & Calendar Changes**

* Review the calendar
  + Critical Dates
  + Social events
* Distance Meet – June 24th @ Rolling Hills
* June 20/22 meets are combined – June 20th @ Seattle Tennis Club
* July 4/6 meets are combined – July 6th @ Tam o’Shanter
* Picture Day moved to June 30th (KSD last day is June 23rd)
* Inter-Squad After Party – immediately after end of Inter-Squad

**Practices**

* Swimmer – first practice expectations
  + What to bring? (Towel, cap, goggles, water bottle)
  + We will hand out swim caps at the first practice
* Parent – first practice expectations
  + Stay or go?
  + Liaisons - Swimmingly.app and Swimmingly Fan, SignUp Genius – be sure we have the email address/es they want us to use
* Safesport – everyone (swimmer, parent, volunteer, coach) needs to go through training – must be done every year
  + Age-group Liaisons will coordinate & monitor
  + Swimmers and Coaches must be complete before the first practice
  + Parents and Volunteers must be complete before the first meet
* Coaches email:  [rhstcoach@gmail.com](mailto:rhstcoach@gmail.com) - Parents please refrain from discussing swimmer specific needs during practice. Please connect with coaches via email.
* Please do **NOT** leave your swimmers unattended if they are not participating in practice – the coaches cannot be responsible for swimmers who are not in the water. If your swimmer is 12 years old or older, they can be left alone, but need to be well-behaved and not interfere with practice, the coaches, or swimmers in the water.

**Meets – 2 meets/week – 1 home & 1 away; 1 “A” and 1 “B”**

* Updated schedule w/combined meets - June 20th & July 6th
* All ages and typical event order
* Meet Declarations through Swimmingly
  + You will get an email from Swimmingly that declarations are open and to please declare yes/no for the upcoming meet(s)
  + If you cannot make a meet,
    - Please make sure to let the coaches know at least a week before, if possible (email - [rhstcoach@gmail.com](mailto:rhstcoach@gmail.com))
    - If your swimmer can’t swim at a meet due to illness, please let the coaches know as soon as possible (email - [rhstcoach@gmail.com](mailto:rhstcoach@gmail.com))
    - Please do NOT declare yes/no to the coaches, they will not remember and/or information will not get to the right person.
    - If you say you are going to be at a meet and then don’t show up, it will not only affect your swimmer, but also a relay team as well as the whole RHST team.
* Expectations
  + What to bring? (Towels, goggles, team suit, cap, snacks, sharpies, cash)
  + Arrival time, warmup times, where everyone sits?
  + Big Buddy expectations
  + How are away meets different?
* Championship Meets
  + Who qualifies for each championship meet
  + When and where?

**Concessions (Ashley & Lory)**

* What’s usually available?
* Punch Cards
* Donations through Signup Genius

**Volunteering (Suzanne)**

* Pool Clean-up Day - May 6
* Volunteer requirements
  + Work half of each home meet (3), and 5 other jobs.
  + Intersquad meet counts as 1 job if working the whole meet.
  + “Other” jobs - pool clean-up day, concession donations, social event food donations (intersquad-after-party, pancake breakfast, pool party, awards banquet)
* Signup Genius
  + each meet a separate signup
  + families will receive an email a couple days ahead w/day and time the signup will go live
* Looking for someone to create family folders
* Looking Forward
  + New parent reps
  + New Swimmingly expert (at least 2 people would be great)
  + Treasurer